

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm on Monday  
4 May 2015 at Constance Barnicoat Room, Richmond Library**

**Present:** Gail Collingwood (National Council of Women) (Chair), Karen Tuffery (Stoke Community Centre), Pauline Daly (Grey Power), Linda O’Dea (Grey Power/ CPAP), Robin Godbaz (Richmond-Waimea RSA), Judene Edgar (TDC), Ruby Aberhart (VCC), Annette Nistor, Laschelle Walker (HDC Advocacy), Jill Harris (MSD), Brian Say (Blind Association), Rachael Large (NCC), Wendy Strawbridge (Health Action Trust), Trish Armstrong (Enliven, Presbyterian Support), Glenis Bell (NBPHO), Kim Howell (Life Unlimited HTS), Gaile Noonan (NCC), Charles Tyrrell (Age Concern, Nelson Anglican), Vicky Bryant (NBPH), Carlie Than (Te Piki Oranga), Michelle Edwards (Te Piki Oranga)

**In attendance:** Tara Fifield (TDC)

**Apologies**

Moved Gail Collingwood/Rachael Large

That apologies for absence from Anne-Marie Fowke-Stayner, David Kemp, Mike Tasman-Jones, Kyle Anderson-Wey, Chris Walsh, Fiona Hoffman and John Harwood be received.

CARRIED

**1 Confirmation of Minutes – 23 February 2015**

Moved Gail Collingwood/Rachael Large

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum held on 23 February 2015 be approved.

CARRIED

Brian Say spoke about Nelson City Council’s proposed new bylaw (Urban Environment Bylaw). He said the bylaw will be implemented on 2 June except for the part of the policy about sandwich boards etc which has caused quite a division and still has to be resolved. He said a small project team will look at how they can adopt the new bylaw without too much disruption. The width of the pavement will be 2 metres and where the pavement is less, nothing will be allowed on the pavement.

**2 Correspondence**

It was agreed a card be sent from the Positive Ageing Forum to Ursula Lewis wishing her all the best for her retirement. Ursula worked at the Stoke Senior’s Office and MSD for many years.

**3 Chairperson’s Report**

Gail Collingwood spoke to her report which was included in the agenda in which she commented on:

- Community Strategic Plan for an Ageing Population.

- The successful 2015 Positive Ageing Expo. The Forum had lots of positive feedback about the Expo.
- Her few days spent in China.
- Her personal submission to the Nelson City Council Long Term Plan and made comments about Stoke and Greenmeadows, Stoke Library, Age Friendly City and Housing.

Moved Gail Collingwood/Brian Say

That the Chairperson's report be received.  
CARRIED

### **Update from Age Concern**

Sue Tilby gave an update on what is happening at Age Concern:

- Caroline Budge is moving back to Scotland so will no longer be working at Age Concern.
- Age Concern are holding education workshops at Somerset Village this week – 70 people are already registered at each workshop. In reply to a question in regard to how many people are attending the workshops, one quarter are from the village and rest are from the community.
- Running a two hour workshop with St Paul's School. They are doing a project around writing a life story of an older person. Nelson College for Girls may also do the same sort of project.
- Within four weeks the Age Concern building will be finished and there will be a grand opening.
- Attended an Age Concern national conference and noted there were a lot of topics around positive ageing.

## **4 Community Plan for an Ageing Population**

Steering Group Chairperson, Cr Judene Edgar, gave an update on the planning project. She said a work plan is currently being drafted. She said we have an ageing population which brings both challenges and opportunities and we need to know what those challenges and opportunities are.

Judene said there are hundreds of organisations at the Top of the South which currently provide support and information for older people and all of these organisations need to plan for the future with the ageing population in mind.

Representatives of the group are from the Economic Development Agency, Tasman District Council, Nelson City Council, Marlborough District Council, Health Action Trust, Nelson Marlborough District Health Board, Grey Power and Ministry of Social Development. The aim is to help organisations from the Top of the South try to harness skills and strategies in an effective way.

It was noted that Ruby has spent some time with Judene regarding how the Forum fits into the project.

Judene said a questionnaire will be released in June/July which will be sent to many organisations. She said using networks, such as the Forum, would be great to get the questionnaire out there.

## 5 Nationwide Health and Disability Advocacy Services

Laschelle Walker gave an introduction to the presentations and education sessions run by the Health and Disability Advocacy Service. She commented on:

- Their service supports the “consumer”.
- They are a nationwide service and deal with people’s complaints about health providers (ie massage therapists, receptionists at GPs etc).
- They do not deal with Work and Income and ACC.
- Her area covers Golden Bay, Buller and Blenheim.
- They offer free education on topics like working positively with complaints, informed consent, Enduring Power of Attorney, when consumers are not able to consent, open disclosure, advanced directives, building a safe community.
- A Health Passport which stays with the consumer and includes things like personal details, things you must know about the person, how to understand them, next of kin, what their mobility is like etc.

Laschelle said that if anyone would like copies of the Health Passport, to please contact her via email [laschellew@hdc.org.nz](mailto:laschellew@hdc.org.nz)

## 6 Flu Season and Vaccinations

Nelson Bays Primary Health Immunisation facilitator, Vicky Bryant, spoke about the flu vaccination:

- The World Health Organisation meets twice a year and look at what the flu is doing in the northern hemisphere.
- This year there are two new flu strains in the vaccine – Switzerland strain (A strain) and Phuket strain (B strain).
- This year they are looking at trying to increase the numbers of people picking up the vaccine. The Ministry have made it free for people who are 65+, pregnant woman, anyone aged between six months and 65 who have a chronic medical condition (ie diabetes, stroke, cancer).
- There are a couple of pharmacies that are delivering flu vaccines – she noted they are not free in your pharmacy.
- The funded vaccine is the Trivalent and the Quadrivalent vaccine you have to pay for.
- You cannot get the flu from the flu vaccine - 1 in 10 will get flu-like symptoms after taking the vaccine.

## 7 Update Volunteer Community Coordinator

Ruby Aberhart spoke to her report which was included in the agenda in which she commented on:

- Term of office for Office for Senior Citizens - once they appoint a new volunteer in the area then Ruby’s term of office will be completed. She is an ambassador for Office for Senior Citizens so would still be involved;
- Her attendance at a two day Office for Senior Citizens forum;
- Protect your Future Campaign;
- Positive Ageing Strategy Report; The 2014 report on the Positive Ageing Strategy can be viewed [www.osc.govt.nz](http://www.osc.govt.nz) or by calling 0800 552 022 to request copies. The report outlines some of the steps which need to be taken to make this country the

best it can for older people. It also shows how much progress we have already made;

- It was suggested and agreed that Sarah from Office for Senior Citizens be invited to a separate Forum meeting in early June to talk about the Strategy and the clarification of the role of the volunteer community coordinator; **Action: Mike to organise for Sarah to attend a separate meeting in early June.**
- Conversations that Count; the post cards and conversations can continue throughout the year
- Nelson Marlborough District Health Board stakeholders meeting; How to work with older people did not reach as many stakeholders as it could have.
- Publications from the Nelson Marlborough Dementia Group “Try Walking in My Shoes”, and Try Walking in Their Shoes” and noted it was important to try and share the publications around;
- Concerned that the big organisations can get funding easily and the smaller groups struggle to get funding. Perhaps a big organisation could think about mentoring the smaller groups. **Action: Gail to raise the topic of funding expos at the next Nelson Community Whanau meeting.**

## **8 Update from the Ministry of Social Development**

Jill Harris gave an update from the Ministry of Social Development (MSD):

- There was a report released 10 days ago about MSD’s research into social housing in the future. You can see the demand for various reasons on their website.
- The MSD Senior’s newsletter is published on a quarterly basis. If anyone has ideas about what articles could be included, please get in touch with Jill.
- Super Gold Card directory – very easy to get your own report printed or save it is a PDF which will list all discounts for your area.
- Slight rise in NZ Super with the 1 April annual changes.
- If you would like Jill to talk to your group about third tier assistance in seniors, please contact her.
- New Zealand Productivity Commission are looking for submissions about more effective social services. The website [www.productivity.govt.nz](http://www.productivity.govt.nz) has all relevant information.

## **9 General Business**

Judene talked about the upcoming new recycling service in Tasman. Please note, the wheely bin will not replace the blue crate. The new fortnightly service will start on 29 June - all glass will be put in the blue crates and all other recyclable materials will go into the wheely bin. There are hitches that you can put on the tow ball of your car and you can attach the wheely bin, also the blue crates fit nicely on top of the wheely bin. The recycling service has been introduced in other parts of the country and people have said that it is easier to push the wheely bin rather than lifting the blue crate. Information will be coming out soon.

Michelle Edwards, Clinical Team Leader for Te Piki Oranga, introduced herself. She said they now have a full quota of staff. They do mobile home visits and would be starting clinics this week joining with Victory Community. She said when the clinical equipment arrives, they will be doing clinics at the marae.

Carlie introduced herself as one of the eight registered nurses at Te Piki Oranga. She said to contact Michelle of any activities or upcoming groups in Richmond.

## **10 Next Meeting**

Monday 13 July 2015

The meeting closed at 2.58 pm

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