

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm on Monday
30 November 2015 at Constance Barnicoat Room, Richmond Library**

Present: Charles Tyrrell (Chair), Mike Tasman-Jones (TDC), Cr Judene Edgar (TDC), Rona Abbott (Fresh FM), Robin Godbaz (Richmond-Waimea RSA), Pauline Daly (Grey Power), Linda O’Dea (Grey Power), Denise Currie, Shirley Smith, Ruby Aberhart (Ambassador OSC), Nicky McDonald (NCC), Sue Tilby (Age Concern), David Kemp, Sharon Webber (Nelson Hearing Association), Gill Slater (Nelson Hearing Association), Ros Vercoe (The Salvation Army), Trish Armstrong (Enliven/Presbyterian Support), Trish Bensemman, Gail Collingwood (NCW), Wendy Strawbridge (HAT), Heather Lackner (Alzheimers Nelson), Rachael Large (NCC), Kim Howell (Life Unlimited), Brian Say (Blind Citizens NZ) Cr Gaile Noonan (NCC), Jill Harris (MSD), Kayne Osborne (MSD), Helen Brown (TDC), Russel McGuigan (TDC), Kirsty Thorpe (MWH).

In attendance: Tara Fifield (TDC)

Apologies

Moved Charles Tyrrell/Rachael Large

That apologies for absence from Harriet Denham, Wendy Bettjeman, Annette Nistor, John Harwood, Glennis Bell, Karen Tuffery, Kamaya Crawford be received. Mal Drummond, Michelle Walker
Carried

1 Confirmation of Minutes – 21 September 2015

Moved Charles Tyrrell/Mike Tasman-Jones

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum held on 21 September 2015 be approved.
Carried

3 Chairperson’s Report

Charles Tyrrell spoke to his report which was included in the agenda:

- He thanked the forum members for their support electing him as Chair of the Positive Ageing Forum (PAF).
- He updated the Forum regarding the Community Planning for an Ageing Population.
- A suggestion was made that someone from the PAF could attend the A4A meetings and feed back to the Forum.
- The PAF’s Terms of Reference were discussed. Charles asked if there are any other ways that positive ageing can be shared with the community. It was advised that the minutes of the meetings are uploaded to Tasman District Council’s website and that we report through the Mudcakes and Roses publication. It was noted that the Community & Whanau Group have notices that are emailed out to everyone. Rona Abbott suggested Fresh FM could publicise the Forum and she would check this out. David Kemp suggested there could be a more public profile in the Library as the online information is hard to access for some people. A discussion ensued regarding future meetings. It was

decided that for the next meeting, everyone would sit in a semi-circle rather than in rows. Everybody is happy with the status quo of five meetings during the year and also happy with the current venue. Charles asked if there are any groups/organisations that should be involved on the Forum and to please invite them along in future.

Moved Charles Tyrrell

That the Chairperson's report be received.

Carried

4 Population Ageing Research

Nicky McDonald, Senior Strategic Adviser at Nelson City Council, spoke to the Forum about her recent award of a Winston Churchill Fellowship. The fellowship is to undertake research at the Oxford University's Institute of Population Ageing in June next year. She will be looking at policy changes that we can put in place in Nelson/Tasman for the ageing demographic. She said there is a foresight team looking at ageing who take future predictions and put them towards scientific research. She is keen to hear from older adults, as well as those that work with older adults, on what is working well and what could be better with regard to meeting ageing challenges. To contact Nicky email her at positiveageing@ncc.govt.nz.

Nicky said she will definitely be reaching out to members of the group to help her with some pre-work before she goes. She said she may set up a Facebook page or blog while she is away. Charles wished her well.

5 Richmond Queen Street Reinstatement

Cr Edgar gave an introduction of the Richmond Queen Street Reinstatement project, which included a short video. She said that Queen Street has been subject to flooding for a number of years and the project is about replacing the stormwater, wastewater and water pipes. One of problems is that the road is slightly concaved. The road has to be completely ripped up and the public now has the opportunity to advise how they want it to look. Council would encourage people's thoughts, feedback and input on the sorts of things that need to be taken into account.

She said the initial thoughts are wider footpaths (4 metres wide), not having a traditional kerb and channel - this would make it a pedestrian friendly area. She noted that having a narrower carriageway reduces the speed of vehicles. "Key areas" are pivotal areas for where you would want to cross the road - these key areas are Wensley Road/Queen Street, also Oxford Street and the entranceway to the mall. The roadworks are going to end by McIndoe Place, which will be the entranceway to the new pedestrian friendly environment. It was noted that because of the reduced speed, cyclists would not need to have a special lane. She said the courtesy crossings will be gone.

It was noted that it was good to hear that older people's views are being sought. Discussions ensued regarding a node where people could socialise safely. Cr Edgar said that a separate Trust are looking at beautifying the area outside the library with a sculpture and seating. She said the park on the corner of Wensley Road and Queen Street will be changing ie removing fence surrounding the park. She noted that there will be engagement with teachers and students at schools regarding the reinstatement project.

In regard to the question regarding the 4 metre wide footpaths, it was suggested that if people support the idea of a 4 metre wide clearway with nothing to impede people's progress e.g street furniture, lighting poles the they include that in their submission.

In regard to bus locations possibly changing, discussions are currently taking place with the bus companies.

Cr Edgar encouraged people to supply feedback before the end of February 2016. For more information visit www.tasman.govt.nz

6 Forget the Bling... Do the Whanau Thing

Wendy Strawbridge from Health Action Trust briefed the Forum on mental health promotion leading into Christmas:

- Five ways to wellbeing – to **Connect, Give, Take Notice, Keep Learning** and **Be Active**. The Mental Health Foundation website has more information – www.mentalhealth.org.nz .
- There is a social media campaign spreading the message that Christmas should be about giving your time and your words to people, not just expensive gifts. There are free vouchers available to download ie doing someone's gardening for them.
- "Empty the Pickle Jar" link is worth looking at on You Tube.
- A suggestion was made to display the resources at the councils, libraries, pharmacies and doctor surgeries.

7 Update from Age Concern

Sue Tilby gave an update on what is happening at Age Concern:

- A NMIT student helped produce an Age Concern brochure. Funding was received from Nelson City Council.
- A Christmas newsletter was circulated last week.
- Give a Little campaign is about to commence - asking the community to provide things for Christmas hampers. Last year 30 hampers were provided to people in need.
- The initiative set up in Golden Bay has gone really well and there are now eight volunteers within their visitor service.
- Closing over Christmas for the short week.
- Wished Jess all the best as she starts her new endeavours as a beekeeper. Mal Drummond will be working at Age Concern and will be Jess' replacement.

8 Update from the Ministry of Social Development

Jill Harris gave an update on what is happening at MSD:

- Carer's New Zealand website and their booklet.
- Commission for Financial Capability are planning more seminars next year about living in a retirement village – 30 March in Nelson.
- Looking at getting some Super Gold card booklets for Nelson/Tasman libraries. They are currently 91 pages so Jill is trying to reduce this by making it into an A5 booklet.
- She introduced Kayne Osbourne who covers the Kaikoura to Haast region and meets with community providers, not for profit organisations, health or disability services.

9 Update from the Volunteer Community Coordinator for Office for Senior Citizens

Annette Nistor, Volunteer Community Coordinator, was unable to attend the meeting. Her report was tabled.

Ruby spoke on Annette's behalf and said two new brochures (Super Seniors and Looking Out for One Another) are both worth a read. Ruby said in the report, Annette mentions what her role is and Ruby encouraged people to work with the VCC.

Ruby asked for people to please listen to what older persons are saying as well as the professionals.

Ruby Aberhart advised that she is writing the story of how she became a VCC in 2009.

10 General Business

David Kemp was concerned about the urban design planned for outside the Richmond Library. He asked the Forum what do they want to see happening in six months to two year's time – what are our priorities?

Rachael Large spoke about a new bus loop in Stoke which starts on 7 December. She said Gold Cards will be able to be used. She noted that public buses will be starting to run on public holidays but not on Christmas Day or Good Friday.

Rachael advised that more mobility carparks will be going in on Bridge Street and Trafalgar Street and new mobility carparks have been made at the beach and marina. She said that Nelson recycling is now going down to Beach Road and due to an increase in contamination, items need to be washed and papers tied down etc.

Charles thought it was a good idea to start each meeting by tackling some of the goals outlined in the Positive Ageing Strategy.

Link to the New Zealand Positive Ageing Strategy ten goals

<https://www.msd.govt.nz/what-we-can-do/seniorcitizens/positive-ageing/goals/index.html>

11 Next Meeting

Monday 22 February 2016

The meeting closed at 2.27 pm.