

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm on Monday  
29 February 2016 at Constance Barnicoat Room, Richmond Library**

**Present:** Charles Tyrrell (Anglican Church/Age Concern) (Chair), Brian Soy (Blind Citizens NZ), Peter Sutton (U3A), Kathy King (St Barnabas Church Senior Outreach), Jody Maru (Sport Tasman), Susan Jenkins (Abbeyfield NZ), Anne Armstrong (Abbeyfield NZ), Wendy Duffy (Age Concern), Ian Martyn, Carolynne Davies, Bruce Kaye (Abbeyfield NZ), Pauline Daly (Grey Power), Kim Howell (Life Unlimited Hearing), Sue De Lair (NCC Library), Yvonne Smyth (Holy Trinity Church), Linda O'Dea (Grey Power), Kay Peterson (The WAY), Trish Armstrong (Enliven Positive Ageing Services, Presbyterian Support), Bevan Grant, Annette Nista (VCC), Gill Slater (Nelson Hearing Association), Jill Harris (MSD), Kayne Osborne (MSD), Frances Kemble-Welch (Driving Miss Daisy), Dave Harris (CAP and The WAY), Gail Collingwood (National Council of Women), Hilde Brown (Nelson Public Libraries), Rachael Large (NCC), Karen Tuffery (Stoke Community Centre), Roa Abbott (Fresh FM), John Harwood (Hearing Association), Harriet Denham (Lifeline), Kate Miller (Support Works), Nicky McDonald (Nelson City Council), Heather Lackner (Alzheimers), Gaile Noonan (Nelson City Council), Ray Reid (Grey Power Golden Bay), Ruby Aberhart, Rangimarie Stevenson, Mike Tasman-Jones (Tasman District Council)

**In attendance:** Valerie Gribble (TDC)

### **Agenda**

The discussion on principles was deferred to the next meeting.

New item – “Looking out for one another” – concern about the brochure.

### **Apologies**

Moved Brian Say/Annette Nistor

That apologies for absence from David Kemp, Judene Edgar, Sue Tilby, Mal Drummond, Ros Vercoe, Jane Wulff, Glenis Bell, Kamaya Crawford, Anne-Marie Fouke-Stayner, Wendy Strawbridge and Marg Parfitt, be received.

Carried

The meeting was advised that Sue Tilby's father had passed away. It was requested a card be sent.

### **1 Confirmation of Minutes – 30 November 2015**

Moved C Tyrrell /R Large

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum, held on 30 November 2015 be received.

Carried

## **2 Chair's Report**

The Chair's report was included in the agenda and included commentary on:

- VCC and Positive Ageing Ambassadors – it was sad that the decision to not continue with these positions had been taken without discussion/consultation. Charles thanked Ruby and Annette for their work with VCC. The group appreciated all they did.
- Positive Ageing Expo – 1 April 2016 - Charles encouraged communities to get involved in the Expo at the Headingly Centre.
- Positive Ageing Principles
- Promotion of the PAF – Charles reported he had met with Mayor Kempthorne and would be meeting with Mayor Reese on 7 March.
- Community Planning for an Ageing Population – there was a query about whether it has been disestablished.

## **3 Abbeyfield**

Dr Bruce Kaye, Ann Armstrong and Susan Jenkins from Abbeyfield were in attendance and provided the forum with an update on their activities.

## **4 Voluntary Community Co-ordinator**

The Voluntary Community Co-ordinator position no longer exists. The Co-ordinator distributed information and collected information and feedback on behalf of the Office of Senior Citizens. It is proposed that the Seniors website will be used now, but concern was expressed that a lot of senior people don't have IT skills.

Nelson/Tasman has a good group of people who do great things for the elderly.

Ruby advised that she gave her report as Ambassador, not the VCC. She requested that her report form part of the minutes for the record.

Moved R Reid/J Harris

That the Positive Ageing Forum pass a vote of thanks to Ruby Aberhart and Annette Nistor for the service they provided to the community as Voluntary Community Co-ordinators.  
Carried

Gail agreed that the VCC role served a useful purpose for the Forum and it gave something to aim for. The Forum might need to look at how it can grow and find ways we can feedback information and trends back to the Office of Senior Citizens.

Jill was happy to be the conduit to the Office of Senior Citizens. If the Forum wants more information she will get it.

Moved P Sutton/L O'Dea

That the Positive Ageing Forum Chair, Charles Tyrrell, write to the Office of Senior Citizens about the discomfort felt from the decision taken to disband the Voluntary Community Coordinator role without consultation with the community.  
Carried

## **5 Hearing Association Nelson**

Gill Slater introduced herself and her role. She will talk to groups on all aspect off hearing loss etc. She works with frontline staff, schools etc and can be contacted through the Hearing Association. She will be attending the Expo.

## **6 Update from Age Concern, Wendy Duffy**

Wendy spoke on behalf of Sue Tilby whose father passed away during the week and it was also the commemoration of the first anniversary of her brother's death.

- Mal Drummond is now the Elder Abuse and Neglect Prevention Advisor.
- the new magazine is out and if you want a copy please let Wendy know your email address.
- looking for volunteers to visit lonely/isolated people.
- have introduced a new carer relief service.
- The Health Eating programme offered by Age Concern is different to the Senior Chef programme run at the Headingly Centre.

## **7 Update from Ministry of Social Development, Jill Harris**

- Positive Ageing reports are available and the website link is <http://superseniors.msd.govt.nz/age-friendly-communities/positive-ageing/positive-ageing-goals/>
- Payment rates change on 1 April with a 2.73% increase
- Low income family benefits also increase
- Printed tables with benefit rates from 1 April 2016 are available
- Extraordinary care, one-off financial help for unsupported child/orphan is available.

## **8 Update Positive Ageing Expo**

Mike Tasman-Jones gave an update on the Expo

- 1 April 2016 at the Headingly Centre
- Stalls are all allocated with a waiting list.
- Let contacts know about the event
- Several speakers
- Transport from Sundial Square will take people to the Headingly Centre

## **9 General Business**

- Nbus Stoke bus is a kneeling one for wheelchairs. Use is low.
- Recycling bins for Nelson will be 240l bins as the default. A flier will be sent to find out whether homeowners want a 120 or 240 litre bin. Both have the same footprint.
- Volunteer Nelson have initiated a retired and volunteer senior programme to provide volunteer help and are seeking volunteers.
- Hearing health checks are needed by those 50 and over.
- Ministry of Health Consultation meeting drew only four consumers. In future they will contact Positive Ageing Forum with information
- "Looking Out for One Another Brochure" – only way to connect is via website.
- Living Streets Growing Trend programme coming out nationally.
- Concern was expressed at the difficulty with walking through car parks that service two shopping complexes (Richmond)

- New recycling bins – high bins filled to the top cannot be moved by older people. Needs discussion through Age Concern about not filling bin to the top
- Blind citizens have serious problems with the clutter on pavements. A survey was undertaken in the Nelson CBD. Over 40% don't comply with the bylaw. Asked for support in dealing with the problem.
- NCC has taken on board the suggestion to flatten footpaths for mobility scooters.
- Stoke Community Centre – the location is not where most people want it to be

## **10 Next Meeting**

Monday 2 May 2016

The meeting closed at 2.45 pm.