

**Meeting of the Nelson Tasman Positive Ageing Forum held in the Constance Barnicoat Room, Richmond Library, Queen Street, Richmond on Monday 28 May 2012, commencing at 1.00 pm.**

The Forum stood for a moment's silence in memory of Bev Oakly, a founding member of the Forum, who passed away recently.

**Present:** R Aberhart (Chair), G Daikie NZ Fire Service, A Nistor Nelsosn Nursing Service, K Hobday TDC, J Edgar TDC, K Petterson Holy Trinity, H Lackner Alzheimers Nelson, Anne Spear Stoke Seniors, R Godbaz Richmond/Waimea RSA, S Bateup Health Action Trust, G Bell Nelson Bays Primary Health, Sue Tilby Age Concern, C Pitman Federation WI, L Salton Assn of Anglican Women, A-M Fowke-Steiner Stroke Southern Region, L Walker Health and Disability Advocacy, W Duffy Healthcare NZ, R Reid Greypower, P Schouten Greypower, P Daly U3A, P Burton NMDHB, L Butler Support Works, J Harwood Hearing Association, K Howell Life Unlimited Hearing Therapy Services, J Harris MSD Regional Office, G Lloyd-Jones Richmond Police, C Tyrell Anglican Church and Age Concern, M Tasman-Jones TDC, J Large NMDHB, G Collingwood Nelson City Council

**In attendance:** V Gribble (Executive Assistant, TDC)

**Apologies:** B Ryan, M Parfitt, S Downs, L Hunter, K Hunter, D Tippett, C Walsh Presbyterian Support, B Pont Nelson RSA

**1. Minutes – 27 February 2012**

**Amendments**

Spelling of Judene's name

Under 4 – Chairperson's Report the second paragraph was amended to read: "The Chair reminded Forum members that they need to share their activities with the Chair and Forum so we can work together and promote what is being done."

**Moved L Butler/A-M Fowke**

**THAT the minutes of the meeting of the Positive Ageing Forum held on 27 February 2012, as amended, be confirmed.**

**CARRIED**

Judene advised that the hearing loop system in the Constance Barnicoat Room will be looked at shortly.

Discussion was held on the ability of older people to turn on/off water tobies. Judene was asked to speak to the appropriate people at the Council about the problem. It was suggested it be advertised in Live Nelson and Newsline.

A Kissell is the contact for the Men's Shed.

G Lloyd-Jones said Richmond/Waimea Neighbourhood Support Committee is formed and awaiting registration. Once signed off, it will be up and running as a community initiative.

## **2. Presentation to Jane Large**

Ruby presented Jane with flowers on gaining her Masters Degree in Health Science in Rehabilitation and advised the Forum of Jane's involvement with the Positive Ageing Forum.

## **3. Update from Nelson Marlborough District Health Board**

P Burton, Service Director for the Community Based Services Directorate was in attendance and gave an overview on priorities within the DHB and provision of older persons services.

G Collingwood arrived at the meeting at 1.33 pm.

Mr Burton tabled an Executive Leadership Team structure for the DHB (attached to minutes).

Mr Burton undertook to follow up with Peter Carter about the Office for Senior Citizens process of actively engaging with DHBs and NGOs to showcase and report initiatives.

Mr Burton said PHO has agreements with some 50 organisations in the Nelson/Tasman region.

Ruby said she has concerns that Alzheimers Group had had no contact about how to work within their NGO group. She has spoken to Stroke Foundation and Greypower and has been concerned that it is not the NGO groups doing the talking at meetings.

Roy Reid said Greypower is a national organisation and is concerned about cutbacks in services to the elderly, which are happening all across the country. NGOs in the past played an important role in the welfare of people. He gave the example of the Stroke Foundation and support they provide. It is important these NGOs are funded by the PHO and DHB. If that is being curtailed then are you, as a DHG and PHO going to pick up the services that they provided to the community? A lot of cutbacks are in homecare, in some cases by 50% and some of the assessments were done by telephone.

Mr Burton said they are attempting to make funding go as far as they can. There has been no cutback in terms of dollars, but they haven't received dollars on top to cover increases.

H Lackner said Alzheimers, hasn't had any approach from the DHB, and we are the experts but people from our own community approach others to educate people, without coming to Alzheimers. She said they would like to be asked for ideas and what they are finding difficult.

Judene, a Trustee on PHO, said they co-ordinate healthcare and primary health delivery and contract the NGOs for health delivery. A key goal is to strengthen and work within strengths. One way is the alliance government group, have a charter that NGOs sign up and representatives are on the Alliance Government Group. They go out to their connections/contacts. We invited community groups and clinical groups to be involved in our strategy to ensure vision/goals are aligning with community objectives. Continually strengthening ties with NGOs. There is no objective of taking over NGOs.

Glenys Bell, Diabetes Nelson, said NGOs are struggling to get funding, so we formed a partnership, also Arthritis Society.

In reply to a question from G Collingwood, J Large said they always had respite for dementia, people have up to 3 people to look after. They have increased their day programmes to two per week. Exploring "in-home" respite. People with dementia fare better in their own environment.

P Burton undertook to take the NGO concern back to DHB for further discussion.

P Burton left the meeting at 2.04 pm.

#### **4. Chair's Report**

Ruby spoke to her report in which she commented on:

- The Expo
- Minister for Senior Citizens
- Green Paper Vulnerable Children Update
- Volunteer Awareness Week
- Positive Ageing Online
- Intergenerational Activity
- Services for Seniors
- Alzheimers – NZ
- Elder Abuse Day

#### **5. Sue Bateup**

Sue spoke about her work with Mind Your Aging Seminars and dealing with older people and mental health wellbeing. She spoke about Naomi Courts home and their person-centred care plans. 63 people attended in the evening and 79 during the day for meetings to speak about survey for needs. She is developing a newsletter Well-News for Workplaces.

#### **6. Jane Large**

Jane spoke on the Resilience in Aging Project, Repairs and Maintenance Summit. Jane reviewed a book that takes a person through their homes prompting checks they should undertake, including a summary showing priorities for repairs and maintenance. Two other books produced are for a service provider to help guide the older person in using the check book and an approved expert book. Public health will print 500 books and are looking at who can be involved in the pilot.

Bronwyn Wright will co-ordinate a meeting to work out how best the Good Homes can be used in the Nelson/Marlborough area.

#### **7. Sue Tilby**

Sue spoke about the World Elder Abuse Awareness Day on 15 June 2012. "Older People Matter" is the theme for the day. Collaborating with Richmond Primary School and having a class giving their interpretation of an "older person" through art work.

Sue advised at 12.30 pm on 13 June, NCC have got Dr Elizabeth Spellacy talking about positive ageing and age-friendly cities.

A Protect your Online Identity seminar will be held on 13 June 2012.

#### **8. J Harris**

Jill said "Services for Seniors" is a brochure that is now out nationally.

Senior Services Newsletter is available on [www.seniors.msd.govt.nz](http://www.seniors.msd.govt.nz).

Jill undertook to make a flyer with discounts available in the region. She advised the forum of the medical alarm suppliers who are accredited with MSD. She said the cost of medical alarms has dropped.

Mr Harwood noted that a lot of medical alarms are not compatible with hearing aids.

Ruby recommended the Maori training to anybody who was interested.

Helen advised the Alzheimers Society had put together some community education forums, held on fourth Wednesday of each month at 10.00 am at Stoke Baptist Church. Topics are:

27 June – Work and Income presented by Ursula Lewis

25 July – Loss and Grief presented by Tony Barnett

22 August – Health and Disability presented by Health and Disability service

26 September – Dementia and Memory presented by Alzheimers Nelson.

Ruby advised that mobile scooters should be insured. She also advised that the Nutrition and Physical Activity group has been disbanded.

The meeting concluded at 3.03 pm.