

Meeting of the Nelson Tasman Positive Ageing Forum held in the Constance Barnicoat Room, Richmond Library, Queen Street, Richmond on Monday 27 May 2013, commencing at 1.00 pm.

Present: Ruby Aberhart (Chair)
Gail Collingwood (NCC)
Rachael Large (NCC)
Elizabeth Wiblin (St John's)
Krista Hobday (TDC)
Ian Barker (NCC)
Jill Harris (MSD)
Roy Reid (Golden Bay Grey Power)
Sue Bateup (Health Action Trust)
Heather Lackner (Alzheimers Nelson)
Kay Peterson (Holy Trinity Church)
Bev James (Public Policy and Research)
Brigid Ryan (Settling In)
Pam Wildemoth (Nelson Asthma Society)
Robin Godbaz (Richmond-Waimea RSA)
Pam Schouten (Grey Power)
Charles Tyrrell (Anglican Church)
Jane Wulff (Nelson Cathedral Parish Nurse)
Megan Riddell (NZ Red Cross)
Kim Howell (Life Unlimited)
Liz Thomas (Golden Bay Work Centre Trust)
Sasha Spargo (Presbyterian Support)
Bernie Babe (Volunteer Nelson)
John Harwood (Hearing Association)
Sue Tilby (Age Concern)
Heather Lackner (Alzheimers Nelson)
Lisa Turner (NMDHB)
Heather Kelling (St John)
Wendy Duffy (Healthcare NZ)
Hilary Exton (NMDHB)
Bridget Thompson (Hearing Association)

In attendance: Paul McConochie (TDC), Valerie Gribble (TDC)

Apologies: Marg Parfitt, Caroline Pitman, Mal Drummond, Sarah Downs, Annette Nistor

Moved I Barker/S Bateup

That the apologies from Marg Parfitt, Caroline Pitman, Mal Drummond, Sarah Downs and Annette Nistor be accepted.

Carried

Congratulations to Roy Reid who was re-elected to National Grey Power
Congratulations to Ruby Aberhart – bouquet from Nelson Mayor.
Thanks to Paul and Tara for helping while Mike Tasman-Jones is away
Accolade for the Positive Ageing Forum as a team. Positive Ageing Forum started in 2001.

Confirmation of Minutes – 25 February 2013

Moved S Tilby/E Wiblin

**That the minutes of the Positive Ageing Forum held on 25 February 2013 be received.
Carried**

Matters Arising

Found website – it is current and is funded by NCC and TDC. It depends on funding as to whether events are put on.

Events on “Itson” to be followed up.

Retirement Income Policy Review – submissions close 31 May 2013. Terms of Reference for review – June/July look at findings, August report, September review report, October evaluate and close the project. Looking at intergenerational impacts and the changing way we look at retirement; kiwisaver; NZ Super Fund; Financial literacy in retirement income; housing assets; employment; women’s retirement income prospects; de-cumulation (managing finances in retirement).

Tara to circulate web address: <http://www.cflri.org.nz/retirement-income>.

Ruby asked people to consider whether they need to pass this information on to their members.

Correspondence

- Office for Senior Citizens – re public meeting on 23 April 2013
- P McConochie – TrustPower Community Awards. Nomination for Positive Ageing Expo.

Moved S Tilby/E Wiblin

**That the Correspondence be received.
Carried**

A letter to be written to Grace Church thanking them for the work they did in preparing the venue for the Positive Ageing Expo.

Heather Lackner, Alzheimers Society

Heather explained the role of the Society is to support all those affected by dementia, making people aware of resources. She showed an information pack that is given to sufferers and carers.

Nelson Hospice

The meeting was advised that the Nelson Hospice is now called Nelson-Tasman Region Hospice.

Update on Jack Inglis Friendship Hospital

Jack Inglis and Sharon Blackbaird were in attendance and Jack gave an outline of how the hospital came about. It has been a huge community effort. The facility has been rated as the number one in New Zealand. It has a staff of 80. There is a hospice room where family can stay and there is also a family room in the aged care unit. The new wing cost \$100,000 per room. In the future they would like to have doctors, X-ray units and a pharmacy on site.

Lunch on the Hill

Kay Peterson advised that the Anglican Church will be hosting a "lunch on the hill" on the third Tuesday of the month. This will be increasing to two per month from July.

Liz Thomas – Living Well in Golden Bay

Liz is the part time co-ordinator for the two year project focussing on accommodation and social projects. She needs to develop an option plan by June 2014. A survey was undertaken and 66% said Council planning is the first priority, retirement planning, eco-village, more rest home beds and co-housing.

Sue Bateup

Sue spoke about support for people with mental illness. 25% of their clients are over 60. People over 70 who have not had problems before are now presenting with mental health issues.

Bernie Babe

Ruby advised that Bernie is leaving Volunteer Nelson and thanked her for the work she has done.

Overview of Opportunities for Ageing Conference

Gail reported on the conference, noting:

- EDA surveys don't include elderly
- Dismayed no forward planning announced by Minister Goodhew
- 13% of the population is over 65 – by 2050 it will be 25%, coupled with low birth rate it is a worldwide problem
- In the workplace, under 10s now will carry a heavy workload
- Opportunities for older people to remain in the workplace
- Retraining is available for up to 25 year olds. People over 65 are not eligible for student loans
- Need to use wisdom and experience of older people
- Break jobs into tasks
- Young people have ideas, older people experience
- Financial literacy – generation X (1964 – 1982) need to be saving.
- Charles Lambert talked about baby boomers having 25 years of retirement.
- Risk aversion, longevity, planning annual savings – duration of savings and retirement may not match; legacies there may not be any.
- Talk about age-friendly cities. Over 55s are biggest consumer market for goods and services.
- Jim Bolger spoke about the gift of age – gift for some, or fear.

Ruby noted that anybody over 70 has to fight for themselves. They are concerned as to how they can manage. Everybody is concerned about the baby boomers.

Sue Tilby encouraged people to learn earlier about older people. Need to be planning more. There is more carer stress, dementia, increasing elder abuse and self neglect happening in Nelson now.

15 June 2013 is Elder Abuse Awareness Day.

12 June 2013 event supported by NCC is a fashion show plus high afternoon tea. The models are older people wearing Fashion Central clothing. Soroptimists are doing the afternoon tea.

13 June 2013 – Age Concern Nelson are holding a street appeal. There will be a TV promotion during the week. The collection will become an annual event.

Amplified Device and Captel Phone

Bridget Thompson, Nelson Hearing Association, demonstrated the phone and the device.

- Hearing loss is suffered by 1 in 6 people and by 2050 it is expected to be 1 in 4.
- 33% of people over 65 have hearing loss.
- Contact Nelson Hearing Association for use of an amplified device.
- John Harwood described his experience in using the Captel Phone. He said it is necessary to have Broadband and there is some voice delay. Both parties speech comes up on the screen and it can be slowed down or speeded up. The Government subsidy brings the price down to \$323.
- Hearing House and NCC have a captel phone and there will be funding for one in Richmond and one in Motueka.

NMDHB Broadsheet (Lisa Turner)

- the broadsheet is a communication published on the NMDHB website monthly. It covers relevant topics for the month.
- People missing appointments and surgery is a concern.
- Year to date 640 have had surgery cancelled with most being "did not attend".
- Patients are being texted and phoned
- The Hospital Emergency Department is only for emergencies and the after hours doctor is now located next to the emergency department.

Nelson/Tasman Funding Expo

- 7 June 2013
- At Hope Community Hall

MH101 – Free Training

For non-mental health staff on 30 July 2013 in Blenheim and 31 July 2013 in Nelson.

General

Gail suggested inviting Jennian Homes to come to a future meeting to talk about their lifetime design show home at 14 John Sutton Place. The design should reflect now and the needs for the future.

John Harwood was disappointed that the loop system that has been put in the Barnicoat Room is not being used.

The meeting concluded at 3.00 pm.

Next meeting Date: Monday 26 August 2013