

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm on Monday  
26 May 2014 at Constance Barnicoat Room, Richmond Library**

**Present:** Gail Collingwood (Chair), Pauline Daly (Grey Power), Robin Godbaz (Richmond Waimea RSA), Noel Riley (Menz Shed Waimea), Ruby Aberhart (HOPSLA, OSC, VCC), Shirley Rickerby, Karen Tuffery (Stoke Seniors), Jess Breeze (Age Concern), Kim Howell (Life Unlimited Hearing), David Squire, Shelley Carppe (Remax), Gabriele Abeltshauser (Rural Women NZ), May Alkinson, John Sowman (Menz Shed Waimea), John Collyns (RVA), Liam Butler (Workstar), Carole Kerr (NMDHB), Kyle Anderson-Wey (MSD/Work & Income), Annette Nistor, Glenys Bell (NBPH), Cr Gail Noonan (NCC), Stephanie Read (NMDHB), Wendy Duffy (Healthcare NZ), John Harwood (Hearing Association), Heather Lackner (Alzheimers Nelson), Rachael Large (NCC), Kim MacDonald (NS Nelson), Jo Kara (Access), Bridget Thompson (Hearing Association), J Wulft (Parish Nurse), S Bateup (Health Action Trust), Jill Harris (MSD Regional), Helen Reynolds (BUPA Medical Alarms), Kay Peterson (Holy Trinity Church)

**In attendance:** Tara Fifield (TDC)

**Apologies**

Moved Ruby/Rachael

That apologies for absence from Shane Graham (DIA), Caroline Pitman (Women's Institute), Pam Wildermoth, Liz Thomas (Living Well), Charles Tyrell (Anglican Diocese), Margaret Parfitt (NCC), Anne Marie Fowke (Stroke Foundation), Mark Preston-Thomas (ACC), Cr Edgar (TDC), Pat Borlase (Rural Women), Mike Tasman-Jones (TDC), Elizabeth Wible (St John), Kristen Nimmo, Allen Kissell (Menz Shed), Sue Tilby (Age Concern) be received.  
Carried

**1 Confirmation of Minutes – 26 May 2014**

Moved Ruby/Rachael

That the minutes of the meeting of Nelson Tasman Positive Ageing Forum held on 24 February 2014 be approved.  
Carried

Ruby mentioned that Gail has not heard anything in response to a letter regarding Nelson City Council representation. Gail said she will follow up.

**2 Correspondence**

Nil

**3 Microphone Use at the Meeting**

Kim Howell from Life Unlimited Hearing Therapy Services was in attendance and spoke about the use of the microphone loop system at the library which was previously financed by the Hearing Association and is not working to premium. The library will be looking at options for financing the sound system and this will be included in a future library meeting agenda.

#### **4 Chairperson's Report**

Gail Collingwood spoke to her report which was included in the agenda in which she commented on:

- Positive Ageing Expo – Gail thanked everybody who took part/attended the Expo. Next year's Expo will be held on 27 March 2015.
- Grey Power Nelson Forum.
- Visit from Sarah Clarke (Director of Office for Senior Citizens).
- Gigatown Nelson. It was noted that, providing the fibre cable is available in your street, to approach your internet provider and see what deal they can offer.
- Promoting the Positive Ageing Forum.

Moved Jill/Rachael

That the Chairperson's report be received.

Carried

#### **5 Walking in Another's Shoes**

Carole Kerr (dementia educator) gave a presentation on the Walking in Another's Shoes programme. The programme is made up of eight monthly workshops, The course is targeted at carers with up to 18 carers in each class. She said the programme is gaining momentum and has been picked up across New Zealand.

#### **6 Retirement Villages Association (RVA)**

John Collyns, Executive Director of Retirement Villages Association, gave an outline of the key compliance issues. The Association represents the interests of retirement village developers. He noted in the Retirement Village Act (registration – memorial on title) that residents have total protection before all other creditors, including the bank. *(A copy of the presentation is attached.*

He highlighted parts of the Code of Practice and Code of Residents' Rights documents. He also talked about what happened if you cancelled the deal, the RVA's auditing process and disciplinary authority.

#### **7 Community Resilience and Housing Downsizing Research**

Bev James gave an update on the community resilience and housing downsizing research. The presentation covered:

- What is downsizing?
- New Zealand's ageing society. 38 years is New Zealand's median age. Life expectancy is rising. Falling fertility.
- Today's older people – people are not necessarily retiring at age 65. Even though people are on low incomes, they remain satisfied with their standard of living.
- Affordable housing – most older New Zealanders rely on superannuation.
- Emerging trends – less than 50% of current 30-40 year olds will be in home ownership.
- Three pillars of good ageing.
- Potential benefits of downsizing.

It was noted that the research data was being received from New Zealand Census and Department of Property (Auckland University) and they also have access to administration

and housing databases. In response to how they will identify people they will be interviewing, Bev said there will be two national surveys – at present, one with retirement village residents and there will be another general survey with people aged over 65 years.  
*(A copy of the presentation is attached.*

## **8 Volunteer Community Coordinator - Office Senior Citizens**

Ruby Aberhart spoke to her report. She said:

- she was retiring from her position at the Office for Senior Citizens in November 2014.
- thanked Caroline Downing (Manager Senior Services for Top of the South).
- mentioned the “No Car, No Problem” and “Older New Zealanders” booklets. With the “Older New Zealanders” booklet she asked people to hand out to as many members as possible.
- said to let Jill Harris know if you would like to subscribe to Rise Magazine.

## **9 NMDHB Health of Older People Strategy and Work Programme**

Stephanie Read gave an update and a copy of her presentation was circulated. She said the 2030 Strategy is on NMDHB’s website.

She noted:

- What are we doing for older people? Planning for it nationally.
- What services are there? Twenty seven age residential care providers. A good range of day programmes.
- There are 1200 in age residential care in the region.
- Number of people in dementia care is rising.
- Working to improve stroke services.

## **10 Spotlight on Stoke**

Nelson City Councillor, Gaile Noonan, talked about a community survey “Have your Say on Stoke’s Future” asking for views on the future of Stoke. The survey closes Wednesday 28 May. The focus is on Green Meadows sports and community centre development. Council has allocated \$200,000 in the 2014/2015 financial year.

It was mentioned that Rob Greenway would like to meet with anybody who is interested to talk about Stoke’s future on Thursday 29 May. Stoke Seniors and Age Concern would be interested in attending.

## **11 Update from A4A**

Sarah Downs, Tasman District Council’s Activity Planning Advisor, said two highlights from Friday’s A4A meeting were:

- Brian Say, from Foundation for the Blind, sent a submission to TDC and NCC asking them to review the Total Mobility Scheme. Need to have a look at how much TDC is putting into the scheme and levels of funding haven’t increased since 2006.
- The Disability Access Review is run by the Ministry of Business Innovation & Employment and Office for Disability Issues. Recommendations are due by the end of June.

## **12 Senior Chef**

Dietician, Annette Nistor, spoke about a pilot project that is happening with senior chefs. Senior Chefs has been going for five years. It is an eight week programme and the goal is to improve the nutritional wellbeing of the community.

Participants will have increased cooking skills, confidence and an increased knowledge of nutrition.

She said that it is week 3 of the programme and 14 people are involved. The facilities and produce towards the programme are donated and it is a free service.

## **13 Age Concern Elder Abuse Awareness Campaign**

Jess Breeze spoke about the Age Concern Elder Abuse Awareness Campaign on 15 June.

She said:

- There will be a movie fundraiser this Wednesday which is sold out.
- Street appeal on 20 June.
- All rest homes and home based support are supporting this campaign.
- The Richmond Library is booked for a static display on 9 June and there will be a Nelson City Council display.
- Secured funding for stopping scams for older people.

## **14 Social Housing**

Jill Harris gave an overview on social housing:

- from 14 April MSD took over the assessments for social housing and are monitoring the waiting list.
- No longer just Housing NZ - there are community providers who have been negotiating with MSD.
- One community provider in Nelson – Nelson Tasman Housing Trust.
- If seniors wish to find out if they are eligible, ring senior services number or go online.
- From 1 July, tenancies in social housing will be reviewable. Most urgent need for housing. Each case will be dealt with sensitively. In the first year 800 tenants will be reviewed across NZ.
- Super gold card dental discounts. There are two people in the Nelson area and one person in Motueka who offers discounts for all dental work. Discounts vary between 5-10%.

## **15 General Business**

Lunch on the Hill is now the first and third Tuesday of each month.

Meeting closed at 3.15 pm.

### **Next meeting**

Monday 25 August 2014