

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm on Monday
13 July 2015 at Constance Barnicoat Room, Richmond Library**

Present: Gail Collingwood (National Council of Women) (Chair), Mike Tasman-Jones (TDC), Annette Nistor (VCC), Brian Say (Blind Citizens NZ, Nelson), Heather Hoad (Community Care), Karin Bowater (Volunteer Nelson), Belinda Boyce and Sue Tilby (Age Concern), Charles Tyrell (Anglican Church/Age Concern), Noel Riley (Menz Shed Waimea), Heather Thomas (CAB), Sue Pritchard, Jill Harris (MSD), Kim Howell (Life Unlimited), Chris Allison (Health Action Trust), Wendy Strawbridge (Health Action Trust), Sue De Lair, (NCC Libraries Home Delivery), Judene Edgar (TDC), Ruby Aberhart, Roy Reid, (GB Grey Power), Karen Tuffery (Stoke Seniors), Linda O’Dea and Pauline Daly (Grey Power), Heather Lackner (Alzheimer), Sarah Hodgson (Sport Tasman), Kay Hennagen (NMDHB), Gabriele Abeltshauser (Rural Women NZ), Rachel Large (NCC), Gaile Noonan (NCC), Jill Harris (MSD), Mike Tasman-Jones (TDC)

In attendance: Valerie Gribble (TDC)

Apologies

Moved Brian Say/Annette Nistor

That apologies for absence from David Kemp, Trish Armstrong, Krista Hobday, Anne-Marie Fowke-Stayner, Brent Maru and Glenis Bell, be received.

Carried

1 Confirmation of Minutes – 4 May 2015

P7 – R Aberhart had spoken about funding, which was not included in the minutes.

Sue Tilby was present at the last meeting but missed off the minutes.

Moved G Collingwood/R Large

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum, as amended, held on 4 May 2015 be approved.

Carried

2 Matters Arising

Brian Say updated the meeting about sandwich boards on the streets of Nelson. Sandwich boards stay on the shop side of the pavement. It is hoped the matter will be looked at again in the near future. He advised the Council’s decision was a tied vote, so the matter stayed at the status quo.

Ruby Aberhart spoke to item at the 10 February meeting noting there was strong support for Mudcakes and Roses. It’s the only independent newsletter going out in hard copy and she doesn’t want it to disappear.

Judene Edgar advised that at the 25 June 2015 Community Development meeting there was a suggestion given that we review whether Mudcakes ‘and Roses continues in its present form. There is a role for the Forum to have input.

Mike Tasman-Jones advised he has been asked to review the publication, looking at options etc, also looking at current and potential readers. A survey is being prepared to readers in the October edition. The survey will also be online, the link will be sent to Positive Ageing Forum members. The major funder of Mudcakes and Roses is TDC, with support from NCC.

Ministry for Senior Citizens will be coming to the September Forum and they will be allocated an hour to bring us up to speed on their 2014 report but also to talk about Business of Aging Document 2015 and social isolation. We can say we'd like time for questions.

3 Correspondence

Letter to Ministry for Senior Citizens.

4 Chairperson's Report

Gail Collingwood spoke to her report which was included in the agenda in which she commented on:

- The new Volunteer Community Coordinator for Senior Citizens, Annette Nistor. Gail commended Ruby Aberhart on her commitment, input and service as the VCC for the Nelson/Tasman region.

Gail presented Ruby with flowers and a card thanking her for her work as VCC. She acknowledged Ruby's contribution to VCC on behalf of the Forum.

- Her resignation as the Positive Ageing Forum's Chair. Gail suggested that the vote for a new chairperson should take place at the September 2015 meeting.
- Commencing an informal audit of what we know happens in the region to achieve some of the goals noted in the 2014 Positive Ageing Strategy Report.

Judene spoke about the role of the Chair and asked Gail to reconsider her resignation.

Annette Nistor drew attention to the Positive Ageing terms of reference and the description of the Chair's role.

Gail noted that she represents National Council of Women and she has nowhere to take the information she gains as she is not attached to an organisation that deals with older people. She believes the Chair needs to be somebody who can make better use of the information.

Annette said her understanding of the forum is that all groups bring information and it is distributed back through networks and grassroots. The Chair's role is not representing all people at other forums or meetings.

Jill Harris noted the strength of the forum is to find out information from various groups so she can inform staff and clients.

Gail had been told she should go to meetings as the Chair of Positive Ageing. That's how she sees a Chair of an organisation such as this. The Forum needs to be clear with the new Chair on the role.

Suggested a sub group discuss the role of the Chair and the Terms of Reference and report back via email to the forum members, Mike Tasman-Jones to coordinate. Information to be distributed to forum members before the next meeting.

Moved Gail Collingwood/Charles Terrill

That the Chairperson's report be received.
Carried

5 Community Plan for an Ageing Population

Gail gave an update on the planning project. Judene would ask for someone to represent Maori on the steering group. Also talked about making sure elected members were aware this work is going on. Janet Taylor was going to work with people on the steering group to formulate questions so we get good answers back. They had worked through procedural matters and looked at the status of funding and will be meeting again in September 2015.

6 Voluntary Service for Seniors

Karin Bowater from Volunteer Nelson spoke about voluntary services for seniors. She is a 2nd year social work student doing placement at Volunteer Nelson, stocktaking voluntary services available for older adults. She is looking at finding as many voluntary services and identifying gaps. Isolation and loneliness are common problems for older adults.

7 Citizens Advice Bureau

Heather Thomas from Citizens Advice Bureau (CAB) described the variety of work that CAB does and how people can benefit from their service. The CAB office is located in Paru Paru Road Nelson opposite the trade entrance to "Trafalgar Countdown" Supermarket. For phone enquiries from around the region the number to call is 0800 367 222

- Covers Nelson/Tasman
- Help anyone with anything
- Cab.org.nz website

8 Conversations that Count Training Course

Kaye Hannagen, Alliance Support Manager for Health of Older People NMDHB, updated the Forum on "Conversations that Count" and on the upcoming training for volunteers. On 2 and 3 September 2015 a course is being held in Christchurch, which is limited to 12 people from the South Island. She tabled information (attached to minutes).

9 Update from Volunteer Community Coordinator

Annette Nistor spoke to her report which was included in the agenda in which she commented on:

- An introduction of herself and the organisations she has worked with.
- What the VCC programme is and the role of a VCC.
- Communications from the Office Senior Citizens
- Article on USA "Capable Project"

Brian Say enquired about information that is available on CD for blind/visibly impaired people.

Annette advised that her role is to collect information and feedback to the Office of Senior Citizens. She also advised that her role is voluntary.

Annette forwarded the following website addresses that may be of interest

<http://visual.ons.gov.uk/how-long-will-my-pension-need-to-last>

http://www.neighbourhood.statistics.gov.uk/HTMLDocs/dvc134_a/index.html

<http://www.nextavenue.org/how-can-we-keep-seniors-their-homes-long-possible>

Gail advised that the Office of Senior Citizens has a Facebook page with lots of information.

9 Update from the Ministry of Social Development

Jill Harris gave an update from the Ministry of Social Development:

- Office of Senior Citizens is under MSD
- three free GP visits per year for under 13 year olds. All GPs in Nelson/Tasman are signed up.
- review took place looking at free transport for seniors with Super Gold Card. Going to bulk fund councils, so capped amount to distribute funding for 2016/17.
- Changes with NZ Superannuation for residents of Cook Islands, Niue and Tokolau who can apply for superannuation in the Islands (tabled fact sheets).
- Jill to send through information to Mike Tasman-Jones on law and dental discounts for people with Super Gold Cards.

11 General Business

Sarah Downs manages the A4A Forum. Funding won't be affected on Super Gold Card for Nelson/Tasman bus transport. Last meeting took place in May 2015. A joint review of Engineering Standards for TDC and Land Development NCC is being undertaken, with a draft completed by December 2015. There will be an opportunity for the public to provide feedback with potential for input from Positive Ageing. Final document is due October 2016. In 2016 an upgrade of underground infrastructure in Queen Street, particularly stormwater will be done. In August 2016 there will also be an upgrade of the street environment (Queen Street) when the community will have a greater level of input, ie wider footpaths, changing kerbing channel etc. Council will be consulting with the community on options for above ground. Final design will be prepared by the end of 2015 and then will feed into the work programme for 2016. Marg Parfitt is looking at accessibility parking on Trafalgar Street and what's best for vehicles with lifts on the back for wheelchairs and the best places for those disability parks. Will be potential to have input into it. A discussion was also held on recycling changes in Tasman District.

Chris Allison spoke to the Forum about the cycle track. Sue Bateup and he had presented late last year on research projects we did on older people and the critical importance for older people to maintain their physical mobility. Wendy Strawbridge at Health Action Trust looks at 5-way wellbeing and one is physical activity. Walking particularly is a way of hitting all five. Started process of talking with diversional therapists at The Wood rest home. All issues identified in the past were also identified by that group. We set up safe zones around schools, being careful about that vulnerable age group but wonder why we don't do it around rest homes. Having discussions next week with Nelson City Council about it. Walk Nelson Tasman is a facebook page that Chris is using to keep people up to date with what he is doing to gather information. He said it would be good to come back later in year and talk to you about where it's got to.

Ruby Aberhart asked the forum to consider better communication, and gave an example of macular degeneration and free dental care information which doesn't get out to people. Medical alarms – MSD have accredited only four medical alarms and therefore the price is negotiated.

10 Next Meeting

Monday 21 September 2015

The meeting closed at 3.06 pm.